

# PINEAL EYE



by DR. DOREAL



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By

Dr. M. Doreal

The Brotherhood of the White Temple, Inc.  
Sedalia, Colorado



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One of the most important of the teachings of occultism has been that concerning the pineal eye, important because with the mastery of that center in the body there comes about a development of what are ordinarily called supernormal or supernatural powers.

In connection with that word, "supernatural," I may state that I personally do not believe in anything supernatural. I believe that if a thing exists it exists because a law makes it possible for it to exist. There never was a miracle, in contradiction to what are sometimes called the miracles of Jesus, simply for this reason, that Jesus was able to impart the knowledge of how to perform so-called miracles to his disciples and if there had not been laws put into manifestation he could not have transmitted the knowledge to his disciples. That is, that every so-called miraculous and supernormal thing is actually only the using of some law, principle or energy that man as a whole has not yet learned to use. Two hundred or a hundred years ago, the radio would have been considered a miracle. In fact, I was reading a book written in 1873 that said it would always be impossible for any man to invent a machine that would fly through the air, but today we think nothing of it, so an impossibility became the possibility, because man discovered the laws of nature that previously he has not been able to use.

The same thing is true of all these occult forces and powers. They are not miraculous, su-

normal exercise of powers that everyone can use when they learn to contact them and learn to use them to bring the law into manifestation. Phenomena does not exist excepting with those who are ignorant of the law.

Many people seem to think that one who studies the occult must necessarily be some weird, fanatic creature who walks around with their mind constantly in another world. That is not true. That is a condition of unbalance and we can only become balanced when we are able to function perfectly normally and to function perfectly normally we must have knowledge of and the power to exercise all the latent forces and powers of Nature and of our own self, mental, physical and spiritual. That is not fanatical. As a matter of fact, that is the quickest way to prevent the exercise of those powers. I merely mention that because I am going to talk of some things that are beyond the knowledge of man as a whole today and I want you to understand that I am not talking about supernatural powers.

To my mind, the apparently supernatural actions that Jesus performed were things that every person should be able to do and I have his own words or verification to that. Did he not say to the disciples, "All these things and greater shall ye do afterward?" Did he not give the command for the disciples to go forth, heal the sick, raise the dead? He did not tell them to do something that was beyond their power that they had to do and if they had the power, we have the power, everyone of us. We merely do not know how to use it.

I will give you an example that you might try. Try to move your little toe without moving the



other toes of your foot. You cannot do it unless you have practiced beforehand because the muscles that control the movement of that little toe are atrophied but if every morning and night you would take two or three minutes to move that toe, after two or three weeks you would be able to use it. You had the power all the time but it had atrophied from disuse.

Anatomically speaking, the pineal eye, the pineal gland is found in the head of man arising as an outgrowth of the roof of the third ventricle of the brain. To make it simpler, let me say, it is found in the head, behind and slightly above the ears, and almost in the exact center of the head. If you would draw a line from the center of the eyebrows to the back center of the head, that is where you would find the pineal. I am stating that because I have seen a few occult books and showed the pineal in the front of the head. It is not.

The pineal gland is one of the so-called endocrine glands. That is, it is a gland of internal secretion. That gland is not active in most persons after the age of twenty to twenty-two. It begins to atrophy or shrivel up at the age of adolescence. Scientists today do not know a great deal about the physical function of the pineal gland. They think it has something to do with the adolescent period, something to do with the growth of hair on the body, but they are not certain. It is no larger than a small English or French pea, but being so small does not in any way interfere with its importance. Its shape is like a little sausage and it is long and a little larger at the top than it is at the bottom and it has three separate and distinct parts. It is like a little sausage tied in three parts and at the top of it there is a little tiny part that sticks out a fraction of an inch. It is actually an atrophied eye. It has all the parts found in the human

eye. Anatomically, it is actually a third eye, but it is inside of the head, cannot see out and therefore, it is a blind, a dormant eye.

We may say too, that physically speaking, that at one time, it was actually an active physical eye, a long time ago, hundreds of thousands of years ago when man was just a little different anatomically speaking than at the present time. Man has been on earth a longer time than science credits man for being and certainly a longer period of time than we find according to the chronology of the Bible. According to the chronology of the Bible, the earth was created less than six thousand years ago. I have read ancient Egyptian manuscripts that were written longer ago than that.

According to that chronology, a certain Berosius decided to set a time as to when all those things happened. That has nothing to do with the truth of the Bible, merely a man's idea of how long it took to accomplish it.

A long time ago man was a little bit different than he is now and the world was different. At that time our moon had atmosphere. It was much closer to the earth than at the present. In fact, there was another moon that no longer exists. That moon was shattered a long time ago. The debris fell on earth and covered many of the races that were before our day of man. At that time the earth was shrouded with a heavy mist; the waters below and the waters above were one. Man could not see the sun and at that time, the third eye was an active eye. At that time, the top of the head was open excepting for a thin transparent membrane that covered it. In the newborn child you find that hollow spot in the head. That hollow spot closes up after a time, the bone grows together and the skull be-



comes solid. The skull becomes more or less solid though there are occasional cases when that does not close up.

In ancient times that third eye was active and looked out through that transparent membrane and it could see up and because that eye could see as could the other eyes, at that time on a different vibrational wave length, the infra red ray rate of vibration, man could see even through the heavy foglike mist that covered the earth. At that time there were giant flying reptiles and man had to be able to look up. It is from remnants of ancient legends that we get such stories as that of Ulysses, where he met the giant with an eye in the center of his forehead, Cyclops. In the myths and legends of every land we find stories of people with an eye in the center of the head. That eye was nothing more or less than the pineal eye or Third Eye.

At that time too, by the way, the sides of man's head just below the ears were open. His tonsils then were gills like the gills of the fish of today and when he would breathe in that moist atmosphere, the water would be extracted from it and the water came off behind the ears and he would breathe in the atmosphere.

According to the Bible, when the waters above were separated from the waters below, then man began to lose that power of physical sight from the third eye and as a result it atrophied. That was only the physical function. It still continued to have higher spiritual occult functions that have been forgotten by man because he, as a whole, no longer has the use of them.

Let us examine those functions. First, according to the ancient wisdom teachings, that pineal

eye is literally the eye of the soul. It is the eye through which man can look in, not to the material plane but into the higher spiritual planes of the universe. It is that eye which when awakened spiritually was spoken of by Jesus as "the eye single." Remember this statement: "Let your eye be single and your whole body will be filled with light." Today we have mistaken the meaning of that teaching of Jesus. It was not, as some say, let all of your attention be merely concentrated upon the spiritual to the exclusion of the material but it meant literally, that all the forces of the soul and your will must be concentrated and centered into that third eye if one were to ascend to the higher planes of consciousness where they could contact the greater spiritual forces of the universe.

We must remember that this material plane that we are in is by its very nature separated from the spiritual, as real being is spiritual by nature and the spiritual and material are separate and apart. Do not mistake my meaning. By that, many people think that means, if one would become spiritual that they have to ignore everything in the material universe. My concept of that is this, that God is everything and if God is everything then this material bodies and all the materials that compose the elements of the earth itself are a part of God and we cannot deny one part of God and find the entirety of God.

What we have to learn to do is to balance and harmonize the spiritual, the mental and the material, to make them perfect in harmony if we would become the perfect manifestation of the Divine power that it is our inherent right to become and it is our inherent destiny to become.

The third eye or eye single is of extreme importance because it is there that the spiritual na-



ture of man controls his physical body. You must realize this, that the spirit or soul of man, not the life force, but the soul, the divine nature of man partakes of the quality of God, that it is eternal, immortal, that it is divine in its true nature and therefore, infinite and being infinite it cannot enter the finite, which is the lesser. The lesser or finite cannot contain the infinite spiritual great manifestation but there is a common meeting ground, a point of contact and the spiritual can manifest through the material.

I might give that in the words of the ancient Kabbalist and the higher degrees of Masonry, where they say that "the divine reflects into the material world just as light reflects from a mirror," or as the ancient Hebrews said, that "God is a great lantern casting out countless numbers of rays, each of those rays a human soul" and that ray of light touches upon a human body and if one goes within, if they find the point where that ray of light touches the human body and enters it and follows that ray of light then they cease to become that ray and will be only the great light itself.

The ray of light which is the individual soul or spirit of man is connected to the physical body with what the ancients called the silver cord. That touches the physical body at the lower-most part of the pineal gland, that place where it arises from the roof of the third ventricle of the brain and that silver cord extends back into the higher planes where the body spiritual of man exists.

Paul said, "There is a natural body and a spiritual body," The natural body is the physical body. The spiritual body exists in the spiritual plane. In that last great time when all the material

inharmonies will be done away with, then the material body and the spiritual body will become one. When heaven and earth shall pass away," when that comes "And a new heaven and new earth is formed." That is the words of the Master Jesus.

The silver cord is the same silver cord that is spoken of in Ecclesiastes where we find Solomon, who is considered to be one of the wisest men the world ever knew, who says, "Or ever the silver cord be severed or the golden bowl be broken or the pitcher shattered at the well." The silver cord remains always attached to that pineal gland. It is the connecting link between the material body of man and the spiritual nature of God and the spiritual nature of the soul of man. That silver cord is not severed or loosed until death comes to the physical body. Until that silver cord is loosed the body may be re-animated and according to certain ancient teachings, the silver cord is not loosed until seventy two hours have passed and for that reason, so many of the older races, do not bury their dead until after three days have passed.

That was the reason the people of Palestine were so astounded when Lazarus was raised from the dead on the fourth day. If he had been raised on the third day they would have considered that that following a natural law but after the third day, the silver cord was severed and it would require a divine power to bring the soul back to that body and retie or re-fasten the silver cord.

The golden bowl that is spoken of is actually the cave of the brain, the cave in which the pineal gland, the pineal eye is found.



There are three great centers of power in the head according to the ancient occult teachings. That is the pituitary gland which is found directly back from the center of the forehead, just at the back of the cleft between the two frontal lobes of the brain. That is in a little hollow in the sphenoid bone. Above that is what is called the optic chasma. The pineal, the pituitary, and the optic chasma are the three great centers of power, the Kings, the Three Wise Men of the Magi, in the vaulted chamber of initiation in the head of man, because they are all found in a hollow space that is called the cave of the brain. That cave with its vaulted chamber is called the golden bowl in which the divine power manifests. The silver pitcher is the pineal gland itself.

According to occult teachings, the pineal gland is the Shekinah, the altar. In front of it is the pituitary gland and occult teaching says that when the pineal is caused to be bent forward it pours out its essence and when that is poured out, it is poured out from the silver pitcher.

You remember, how in the Book of Exodus, we are told that Moses stood before the Pharaoh and said, "Let my people go or this thing or that will happen," and then Aaron stretches out his rod over the land. A lot of people are confused with the idea that Moses did that. The Bible says Aaron did that. The rod of Aaron was nothing more or less than the tiny quivering tip of the Eye Single through which the divine power and divine Word of creation could be released, because it is through that channel that the divine spiritual energy and fire is poured out into the body of man. To give you this example: that pineal eye has very important occult functions.

For instance, around the base of it is found a certain chemical substance or rather, three, in crystal form; two forms of calcium, tiny crystals of phosphorous and tiny crystals of osmium, a very rare element which is not met with too often in Nature and seldom in crystal form and yet, it is found in the human head around the base of the pineal gland. That is what medical men call the brain sand. That is very important because it is through the vibration emanated on that brain sand that man's power of functioning comes into being. It is the radiation released from those three chemical elements, that gives us the power to impress things on our brain cells and thus, have the power of memory and if there is a lack of those crystals we have a poor memory and we have little power of concentration, little power of will.

The actual seat of the mind itself is in the glands. Psychologists do not know where the mind is; they consider man has a mind but they cannot measure it except by the phenomena of manifestation. They can perform dissection upon the head and cannot find it. Some people say, "How do you know we have soul? You cannot see it." True, you cannot see it. Men have opened up the skull and have never found the mind is there and yet they know they exist but they are invisible so we say those minds are in themselves only actually manifestations of the purpose of the ego or soul in the spiritual plane to carry out the principles of experiences that have been gained by the cause and effect set up by the individual.

That may be a rather complicated sentence but I can give it a little more simply. The subconscious mind or as it is sometimes called, the subjective mind is located in the middle part of



the pineal gland and the conscious mind is located in the pituitary gland. How can you prove that your conscious mind is located there? All you have to do is close your eyes and center all your head and without any volition on your part, you will find your conscious mind will rest on that spot because that is the conscious mind center.

There are two tiny physical channels that connect the base of the pituitary with the pineal gland. They are two tiny channels that run back and along one of those channels, the experiences that you pass through, that you receive through the medium of your sense is transmitted to your subconscious mind; along the other channel the impulses come out. We might say that even though we are not aware of it when we are sending impressions in consciously we do not get impressions out, but when we are relaxed, then the vibrations that we received through our sight and taste and smell, those things go out, but if you suddenly try to impress something on your mind nothing comes out. It is only after you impress it and then relax, it comes out. You have all tried to remember something and you will say, "I know that number" or whatever it is and you will strain and strain and the more you strain the farther it gets away from you. That is because you are impressing the command very deeply on the subconscious but as long as you are forcing that it cannot come out but then you relax from that end a few moments later, it snaps into your conscious mind. That is because you then have given the outflow a chance.

That is one reason the ancient teachers say it is so important for us to have periods of mental relaxation because it is only then that the impulses from the subconscious self can get through more clearly but it is when they are straining that

they have a hard time getting out of there because they are worrying about it and sending the command to get out of it so strongly that they never relax to let it come through.

Many people have a funny idea about this mind. There is a lot of difference between thought and self. A lot of scientists have said the mental self is all there is, that the thoughts that are formed in our mind form our identity and individuality through the impressions received from the time we were born. I do not believe this. Take this example, I can say "finger move, finger move" but it does not move and then with all my might I concentrate on that finger moving and to make sure I am thinking of nothing else, I say, "finger move, finger move, finger move," When I told it to move, when I was thinking of nothing else, was saying it so fast, I can say, "move, move, move, move, move" and still it does not move, stubborn, isn't it?

Did you ever hear a metaphysical student say, "I am God's perfect child, I am God's perfect child," but they did not manifest. Did you ever hear someone say, "I have no pain in my stomach, I have no pain in my stomach," but they have a pain in their stomach. Why is that? Simply for this reason. They were saying "finger move, finger move" and the finger did not move. Why? Because it does not make any difference what I tell it to do, as long as my own higher self does not release the will for action it won't move. I can say it, I can think it all I want to. It is not "as a man thinketh, so is he," It is "as a man releases the power so is he" and you can no more command the conditions in your environment around you merely by thinking it or concentrating on it than my finger would move by my telling it to



of the finger moving in my innermost self. I can be aware of that finger moving and say, "finger, do not move" but it will move. Why? Because my inner self, the real self, did not tell it to stop, therefore it won't and all those expressions are not the motivating power.

In the east where we studied the human soul and its functions we learned a lot more about the motivating factors of mankind. Remember the finger moving the next time you concentrate on things around you to change them. Concentration is not what it takes. It is the release of the power from the higher self. That power comes from the spiritual nature of man. It comes into man along the silver cord and manifests along the eye single.

Why is it then that everybody does not have the power to release the manifestations of that divine light within themselves? Simply for this reason. That they "see as through a glass darkly." Remember the words of the Apostle, "I see no longer as through a glass darkly but no face to face." That is because one has withdrawn into that inner and secret chamber which is a model and prototype as well as the archetype of all the vaulted chambers of initiation of the mystery schools. One withdraws into that chamber and there one stands face to face with God. Did not Jesus say, "The Kingdom of Heaven is within." And when Phillip said, to Jesus, "Show us the Father," and Jesus answered, "Have ye been so long time with me and have not yet seen the Father," and not in the flesh but the inner spiritual nature, that is the Father within, the kingdom of Heaven within.

Jesus said, "When ye pray pray not as the heathen do who think to be heard by their much

saying." Remember that statement? A lot of metaphysical school base their philosophies upon saying over and over again, "I am God's perfect child," or they affirm over and over again that a thing is, a thing is or a thing is not. Are they not praying as the heathen do who think to be heard by their much saying. They are doing a lot of saying but Jesus said, "When ye pray retire into your secret chamber and there what ye ask of the God of your heart in secret shall be answered in the open." And what is that secret chamber? It is the vaulted chamber of initiation within and there you find the God of your heart — the God of your mind because remember this, in the time of Jesus, the heart beat constantly that the heart was pulsing out the thoughts so that was the seat of the mind or mental power.

When Jesus said, "When ye pray retire into your secret chamber" he meant, let your mind be singly centered and what you ask of the God of your heart in secret will be answered in the open but where does man have to ask that? He has to go within himself and immerse himself in the Eye Single, the point where the soul manifests and contacts the physical body and there he can draw upon the divine power to release it into the physical world and if he does that the divine power will give him subconscious impulses that will direct his steps into the particular experiences that will bring that desired harmonious thing into his life.

Again, it is from that point where the silver cord touches that man releases himself from the physical body in what is called astral projection because if one enters that place they may then pass along the silver cord into the higher planes or dimensions. They can pass into what is called



the astral plane and ascent from there into the spiritual. That is "the straight and narrow way" that Jesus spoke of. "Narrow is the gate and straight is the way that leads into life eternal." That is the narrow gate that one must enter before he can find the true eternal spiritual nature within himself.

Just one more thing and then I am going to close and that is this: don't you realize that there was a tremendous significance in the words of Jesus, who was born in a cave and that there were three wise men present at his birth. That means literally this, that the three wise men of the east were present bearing gifts for the newborn child, born into the cave is the manifestation of the divine spirit in man, into the cave or manger and the three wise men are three great channels through which that divine power may be expressed into the outer or external world. This is only the primary and beginning step in man's gaining the knowledge of himself and his divine inherent godhead because did not the master Jesus say this: "Is it not written that ye are gods and if it is written to whom the word comes then the scriptures shall not be broken," and is it not also written, "I am in the Father, the Father is in me and ye are in me all one."

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